

CENTRAL NEWSBITS

THE OFFICIAL CLUB BULLETIN OF ROTARY CLUB OF CENTRAL BUTUAN
Rotary International District 3860, Area 3J



Central Butuan
Rotary
Club



Rotary Opens
Opportunities

SERVICE ABOVE SELF

THE 4-WAY TEST

OF THE THINGS we think, say, or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all?

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST:** The development of acquaintance as an opportunity for service
- **SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

AS A ROTARIAN, I will

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to: Mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians
5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individual that report harassment.

ROTARY HYMN

I want to be a Rotarian for the world,
Make the Rotary flag be a flag of peace unfurled;
I will serve my community,
Help to seek international unity.
Through Rotary, I will dedicate my all,
World understanding shall be my cherished goal.

Refrain: With the Four Way Test

I will pursue my quest
And if I, in a way help obtain
Peace in the world
Then I won't have lived in vain.

I'll observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways I will train my family.

Refrain: With the Four Way Test

We'll pursue our quest
And if we, in a way help obtain
Peace in the world
Then we won't have lived in vain.

Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason to divide.
We shall all understand, while the good Lord is our guide.

Refrain: With the Four Way Test

We'll pursue our quest
And if we, in a way help obtain
Peace in the world
Then we won't have lived in vain.

Peace be achieved,
So we won't have lived in vain.

LIST OF OFFICERS AND DIRECTORS

RY 2020 - 2021



RYAN JAE G. YAP
President



RYAN C. PULLEROS
Secretary

OFFICERS:

- President : Pres. Ryan Jae G. Yap, PHF+2
- Vice President : PE Mary Grace P. Villanueva, PHF+1
- Secretary : Rtn. Ryan C. Pulleros, PHF
- Asst. Secretary : Rtn. Anna Marie C. Fernandez, PHF
- Treasurer : PND Anthony C. Madayag Jr., PHF+1
- Asst. Treasurer : Rtn. Jovilla B. Cinco, PHF
- Auditor : PP Mario Y. Chu Jr., Major Donor-1
- Asst. Auditor : Rtn. Melchora U. Donoso, PHF
- Sgt. At Arms : PP Norberto D. Ventura, PHF
- Protocol : Rtn. Johny Lou G. Anino, PHF
- Club Internet Officer : CP Eliseo D. Malayao, PHF+1
- : Rtn. Jehoven M. Guilot, PHF

DIRECTORS:

- Club Administration : PP Rino F. Te, PHF+5
- Membership : PN Erelon Simeon N. Ongcoy, PHF+2
- Public Image : Rtn. Arfe L. Bermudez, PHF
- The Rotary Foundation : PDDG Enrique G. Andres, PHF+8, PHS
- Service Projects : PP Napoleon N. Malimit, PHF
- Club Service : IPP Rohdora J. Canlas, PHF+2
- Vocational Service : PP Romel M. Natad, PHF+1
- Community Service : Rtn. Alain James G. Buque, PHF
- Youth Service : Rtn. Armie Leila M. Mordeno, PHF
- International Service : Rtn. Eleanor L. Albaran, PHF
- DRRM : PP John A. Uy, PHF+3
- : Rtn. Arturo M. Cinco, PHF

COUNCIL OF PAST PRESIDENTS/ADVISERS:

- CP Eliseo D. Malayao, PHF+1 RY 2010-2012
- PP John A. Uy, PHF+3 RY 2012-2013
- PP Mario Y. Chu, Major Donor RY 2013-2014
- PP Norberto D. Ventura, PHF RY 2014-2015
- PP Romel M. Natad, PHF+1 RY2015-2016
- PDDG Enrique G. Andres, PHF+8, PHS RY2016-2017
- PP Rino F. Te, PHF+4 RY2017-2018
- PP Napoleon N. Malimit, PHF RY2018-2019
- IPP Rohdora J. Canlas, PHF+2 RY2019-2020



WE *Aware*

WE *Care*

PINK *October*





#PINK

A Brief History of Breast Cancer Awareness Month

That little pink ribbon. We have all seen it every year in October, and most people are aware that it is associated with Breast Cancer Awareness Month. However, not as many are aware of its roots and its goals.

Who Started it?

Breast Cancer Awareness Month began in 1985 as a partnership between the American Cancer Society and the pharmaceutical division of Imperial Chemical Industries. Betty Ford helped kick off the week-long event, as she was herself a survivor of breast cancer. She was diagnosed when her husband, Gerald Ford, was president of the United States and brought even more attention to breast cancer.

What is the Goal?

The early goal of Breast Cancer Awareness Month was to educate women about breast cancer and early detection tests so that they could take charge of their breast health. One of their key goals that they wanted to achieve was to promote mammograms as an important tool to be used in the fight against breast cancer.

During the month of October, breast cancer survivors and those with breast cancer are celebrated and encouraged to share their stories. The month is also dedicated to raising funds for breast cancer research and other related causes.

The Pink Ribbon

The first nation-wide campaign that utilized the pink ribbon was back in 1992 by Estée Lauder cosmetics. They handed out an impressive 1.5 million of them and ushered in the pink ribbon as the premier visual reminder of Breast Cancer Awareness Month. The NFL has become one of the largest supporters of breast cancer awareness month and nearly all players, coaches, and referees don the pink ribbon each October to show their support.

Breast Cancer Awareness Month is a chance for all Americans to take time and acknowledge those men and women whose lives have been affected by breast cancer. – Source: Brevard Health Alliance Inc.

IN THE PINK



'Pay it forward'

Mary Anne Alcordo Solomon

I was diagnosed with breast cancer, stage 2A in Sept 2004. I had a lumpectomy, six chemo cycles, 28 radiation cycles, five years of Tamoxifen medication and annual mammograms, ultrasounds and lab tests. For me to live each day, I had to look at cancer not as a noun but as a verb, "cancering", an action word reminding me always that I had to take of myself; that I had to empower myself with information on what I have, not because I wanted to live for myself, but because I wanted to live for my loved ones.

Cancer has changed my life in so many unimaginable ways. The health crisis in my life allowed me to take a step back, evaluate my life and look for the meaning and truth in this experience.

This struggle strengthened my faith that GOD had a purpose in this for my life. It is in these valleys of life that I was tested, forced to grow and bestowed with wisdom beyond my years. I would remind myself to live life in the now and not to always be looking ahead and miss what is happening today ... to live each day is up to us. We don't get to choose how we're going to die or when. We can only decide how we're going to live now.

Rotary has allowed me to "Pay it Forward". Rotary has become my platform to spread the advocacy of early detection of breast cancer. We want to keep families whole because nobody should die of breast cancer if detected early.

When you "Pay it Forward" and when you share yourself with others, life begins to find its meaning.

We always wait for the right time, not knowing that each time is right. We keep looking forward for tomorrow but really there's no better time to be happy than now.

Life is too short. I've learned that no matter what happens or how bad it seems today, life does go on and it will be better tomorrow. I've learned that making a living is not the same as making a life.

We should all live a life that matters and Rotary has given me these opportunities.



Whether you are ready or not, someday your life will come to an end. There will be no more sunrises; no more minutes, hours or days.

You now reflect, "How do you want to be remembered". At the end of the day, it is not the duration of one's life that matters but the donation of one's life."

Mary Anne 'Me'anne' Solomon served as District Governor of District 3860 and is currently End Polio Now Coordinator of the Regional Rotary Foundation Committee of RI Zone 10A. She is Past President of the Rotary Club of Cebu Fuente. She is also Coordinator of the breast cancer awareness group, I Can Serve Foundation.

October 1 to 4, 2020 Meetings & Activities

Attendance of Club Members	Banyo Mo, Sagip Ko, Lower Doongan - 10/02/20	14th Regular Meeting - 10/02/20
Pres. Ryan Jae Yap	✓	✓
CP Eliseo D. Malayao	✓	✓
PDDG Enrique G. Andres	✓	✓
PP John A. Uy	✓	✓
PP. Mario Y. Chu		
PP Norberto D. Ventura		
PP Romel M. Natad		
PP Rino F. Te		
PP Napoleon N. Malimit	✓	✓
IPP Rohdora Canlas		
PE Mary Grace P. Villanueva	✓	✓
PN Erelon Simeon N. Ongcoy		
PND Anthony C. Madayag Jr.		
Sec. Ryan C. Pulleros		
Rtn. Johny Lou G. Anino		
Rtn. Arfe L. Bermudez		
Rtn. Stephen M. Bringas		
Rtn. Alain James G. Buque	✓	✓
Rtn. Pai Hsin C. Chou		
Rtn. Arturo M. Cinco		
Rtn. Jovilla B. Cinco		
Rtn. Richellie Mae Y. Cordova		
Rtn. Ronnie D. Daumar		
Rtn. Melchora U. Donoso		
Rtn. Anna Marie C. Fernandez		
Rtn. Jehoven M. Guilot		
Rtn. Armie Leila M. Mordeno		
Rtn. Randalley Shane B. Occida		
Rtn. Cesar T. Palma		
Rtn. Ver Joeven C. Tanginan		
Rtn Keneth Banluta		
Rtn. Arturo Cauba		
Rtn. Christian Jade Azura		
Rotarian Spouses	1	3
Rotarians from other Clubs		
Rotaractors	1	1
Guest		
Total	9	11

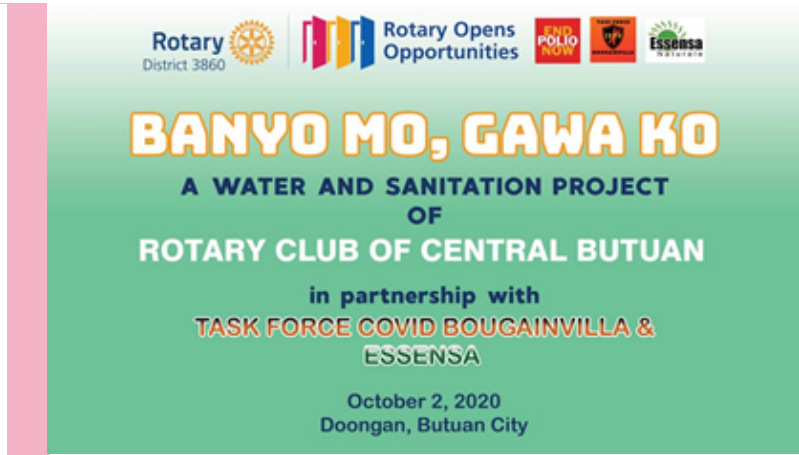
14th REGULAR WEEKLY MEETING

Call to Order :	Pres. Ryan Jae G. Yap
Invocation :	AVP
National Anthem :	AVP
Rotary Hymn :	AVP
4-Way Test :	PP Napoleon N. Malimit
The Object of Rotary :	Rtn. Alain James G. Buque
Acknowledgement :	Pres. Ryan Jae G. Yap
President's Time :	Pres. Ryan Jae G. Yap
Other Matters :	
Adjournment :	Pres. Ryan Jae G. Yap



October 2020 Activities

Banyo Mo, Sagot Ko Project



Area of Focus:
Water & Sanitation; Disease Prevention & Treatment

The Rotary Club of Central Butuan in partnership with Essensa and Task Force Covid Bougainvilla provided a Comfort Room in one of the residents in Lower Doongan here in Butuan City. RJ, a laborer and the head of the family with 3 young kids will be sharing the Comfort Room to 2 other families. We also gave food packs to these families after the turn-over of the CR.



Rotaract Central Butuan | Rotary Opens Opportunities | Rotaract Central Butuan Caraga State University

INDUCTION OF CLUB OFFICERS and BASIC ORIENTATION SEMINAR

via zoom

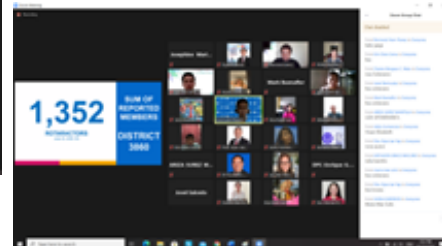
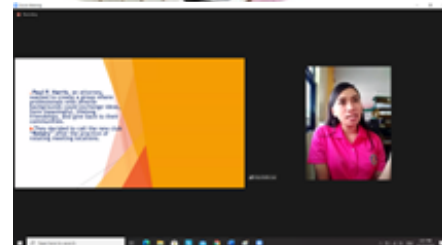
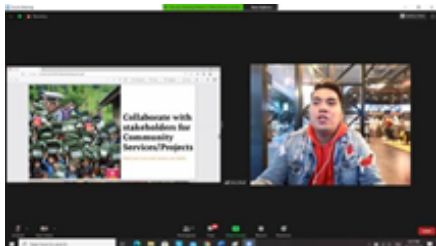
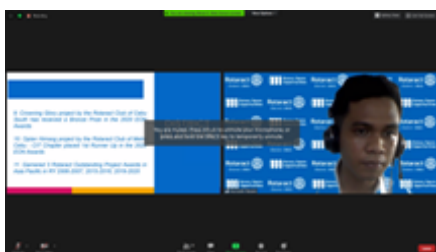
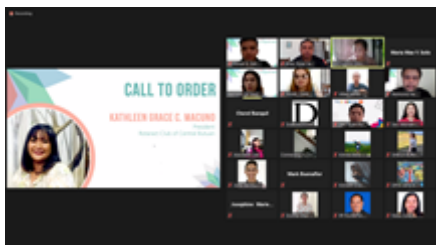
SATURDAY | OCTOBER 3, 2020 | 1:00 PM



5 rotarians from the mother club and 29 rotaractors and prospect members joined the said event.

the Basic Orientation Seminar was presented by the four speakers namely;

- PDRR Aiza Marie S. Morana
- DRR Ace Justin R. Resare
- PDRR Jan Michael "Doi" N. Flordeliz
- DPIO Jerry L. Bual.

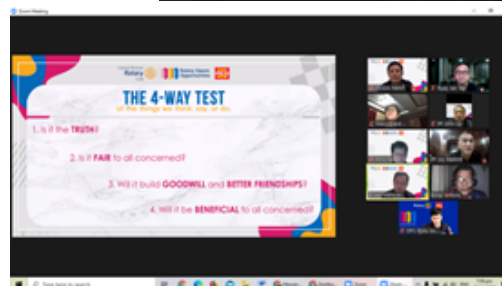
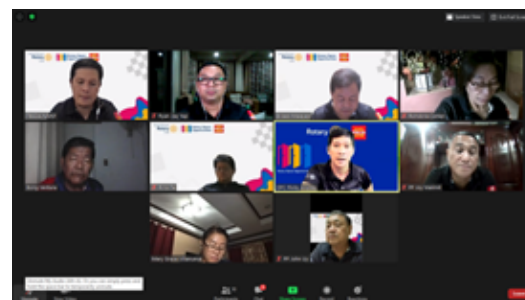


October 5 to 11, 2020 Meetings & Activities

Attendance of Club Members	Turn-over of 2 units Handwash Station - 10/05/20	3rd ACOM (B1 and B3) - 10/07/20	15th Virtual Club Meeting - 10/9/20
Pres. Ryan Jae Yap	✓	✓	✓
CP Eliseo D. Malayao	✓		✓
PDDG Enrique G. Andres	✓	✓	✓
PP John A. Uy			✓
PP. Mario Y. Chu			
PP Norberto D. Ventura			✓
PP Romel M. Natad			
PP Rino F. Te			✓
PP Napoleon N. Malimit	✓		✓
IPP Rohdora Canlas			✓
PE Mary Grace P. Villanueva			✓
PN Ere lon Simeon N. Ongcoy			
PND Anthony C. Madayag Jr.			
Sec. Ryan C. Pulleros	✓	✓	✓
Rtn. Johnny Lou G. Anino			
Rtn. Arfe L. Bermudez			
Rtn. Stephen M. Bringas			
Rtn. Alain James G. Buque			
Rtn. Pai Hsin C. Chou			
Rtn. Arturo M. Cinco			
Rtn. Jovilla B. Cinco			
Rtn. Richellie Mae Y. Cordova			
Rtn. Ronnie D. Daumar			
Rtn. Melchora U. Donoso			
Rtn. Anna Marie C. Fernandez			
Rtn. Jehoven M. Guihot			
Rtn. Armie Leila M. Mordeno			
Rtn. Randylle Shane B. Occida			
Rtn. Cesar T. Palma			
Rtn. Ver Joeven C. Tanginan			
Rtn Keneth Banluta			
Rtn. Arturo Cauba			
Rtn. Christian Jade Azura			
Rotarian Spouses			
Rotarians from other Clubs	5	9	
Rotaractors			
Guest			
Total	10	12	10

15th VIRTUAL MEETING Via Zoom

- Call to Order : Pres. Ryan Jae G. Yap
- Invocation : AVP
- National Anthem : AVP
- Rotary Hymn : AVP
- 4-Way Test : CP Eliseo D. Malayao
- The Object of Rotary : PE Mary Grace P. Villanueva
- Acknowledgement : Rtn. Ryan C. Pulleros
- President's Time : Pres. Ryan Jae G. Yap
- Classification Talk : Rtn. Ryan C. Pulleros
- Other Matters :
- Adjournment : Pres. Ryan Jae G. Yap



CLASSIFICATION TALK

INTRODUCTION TO THE MINING INDUSTRY IN THE PHILIPPINES

Throughout history, Gold has been seen as a symbol of wealth and power. In modern times, it is often used in electronics, electrical wirings, dentistry, medicine, radiation shielding and in coloring glass. But mining for gold is not easy endeavor most especially in our country.

The Philippines was ranked 24th in Gold Production in 2018, producing 36.8 tons of the precious metal, and reportedly holds the second largest gold deposits in the world, but they remain largely untapped and much of that has to do with political turmoil, controversy and insurgency. The country also holds to strict mining laws, citing environmental impact and worker welfare as key reasons.

Gold in the Philippines: Extraction

Gold Panning and Sluicing

Gold is 19.3 times heavier than water while rocks and sand is just 2.5 to 3, gold can be extracted using gravity and several times using a gold pan. Most small-scale miners use this process because it is the cheapest way to get gold. The advantage of this process is that it destroys the landscape, routes of river water, create huge amount of silt.



Using Mercury

Mercury is used to recover minute pieces of gold that is mixed in soil and sediments. Mercury and gold settle and combine together to form an "amalgam". Gold is then extracted by vaporizing the mercury.

Although mercury is a naturally occurring element, it is highly toxic to humans and animals. When ingested, mercury can accumulate in living organism and cause serious damage to the nervous system. In humans, this has been referred to as Minamata disease, named after a city in Japan where it was first observed in humans and animals that ingested mercury-laden fish and shellfish caught in Minamata Bay. The disease most notable symptoms are: convulsions, loss of muscle coordination, damage vision, speech and hearing. Pregnant women may also give birth to babies with congenital disease.



CLASSIFICATION TALK

Carbon in leach (CIL) and Bio-oxidation (Biox) Technology

Large scale mining and mineral processing plant most especially in gold extraction use this technologies which usually starts from the ore mined underground or in open pit, then goes to the crushing circuit (Jaw, Cone crusher, etc.), grinding (SAG, Ball, and Rod mill), gravity concentrator, cyclone cluster, Flotation, Thickener concentrator, Biox Tanks, Counter Current Decantation Thickeners, Neutralization Tanks, Aster tanks then goes to the tailings pond. The solution which contains the gold and other precious metals goes to the CIL tanks, Elution Column, and finally to the Gold room.



Extraction of these precious metals comes with concerns surrounding health, safety, environmental hazards and rights of local (indigenous) people who are at the receiving end of deadly wastewater.

Mining Industry in the Philippines during Covid-19

Amid the pandemic, the mining industry responded to the government's call for help. In fact, Php. 402,000,000.00 relief fund that has so far benefited more than 1.4 million households and frontliners across the country. Through their respective Social Development and Management Program (SDMP) they pooled together the funds to assist their host community in the fight against Covid-19.

While some industries are crippled, the mining industry continues to provide employment in the countryside and put them in the unique position to boost economic recovery and growth.

By:

Rtn.. Ryan C. Pulleros, PHF

Classification: Construction and Supply

October 2020 Activities

TURN-OVER OF HANDWASHING STATION



Area of Focus:

Water & Sanitation; Disease Prevention & Treatment

The Rotary Club of Central Butuan in partnership with the Rotary Clubs of Area 3J donated 2 Handwashing Station in Langihan Public Market and Tabu-an.

The Handwashing Station already have a 40 liters water tank, free liquid hand soap, and foot bath, all can be used by using the two foot pedals in order to avoid hand contact before entering the market.

The goal of this project is to prevent the spread of Covid-19 or any viruses that can be transmitted through physical contact in any public places such as the market.





PINK OCTOBER INFOGRAPHICS

We, the men and women of Rotary Club of Central Butuan, are among the many who put premium on Pink October Advocacy by thinking pink, and going pink.

Breast Cancer is the most common kind of cancer in women worldwide, claiming the lives of hundreds of thousands of women each year. It is the second most cancer overall. Although rare, it does occur in men too.

The pink ribbon is a prominent symbol that signifies breast cancer advocacy. Everyone is encouraged to support and take part in raising awareness, reducing stigma of the disease, and making a difference in the lives of those battling breast cancer.

MAKE IT A Pink October

Ways to reduce your risk for breast cancer

Rotary Area 31 and 32 Rotary Opens Opportunities

BREAST CANCER INFOGRAPHIC

RISK FACTOR

- AGING**: The risk of breast cancer increases with age.
- BEING FEMALE**: Breast cancer is more common in women than in men.
- GENETIC**: Some women inherit a gene mutation that increases their risk of breast cancer.
- RADIATION**: Radiation therapy to the chest area, such as for Hodgkin's lymphoma, increases the risk of breast cancer.
- ALCOHOL**: Drinking alcohol increases the risk of breast cancer.
- OBESITY**: Being overweight or obese increases the risk of breast cancer.

1 OUT OF 8 women will develop breast cancer at some point in their lives.

PREVENTION TIPS

- ASK YOUR DOCTOR**: Get advice on the best way to reduce your risk.
- DRINK LESS ALCOHOL**: Limit alcohol to one drink a day.
- EXERCISE**: Get at least 30 minutes of moderate exercise most days.
- MAINTAIN HEALTHY WEIGHT**: Aim for a BMI between 18.5 and 24.9.
- CHOOSE HEALTHY DIET**: Eat a diet rich in fruits, vegetables, and whole grains.
- LIMIT POST-MENOPAUSAL HORMONE THERAPY**: Use hormone therapy for the shortest time possible.

BREAST CANCER WOMEN'S HEALTH INFOGRAPHIC

Breast cancer is cancer that develops from breast tissue.

2nd most common cancer among women in the world. **13** out of **90** women will develop breast cancer at some point in their lives. **Over 3,000 to 1,000,000** deaths reported worldwide.

CAUSES

40 years, 10% of women, 10% of men, 10% of children, 10% of adolescents, 10% of young adults, 10% of middle-aged adults, 10% of older adults.

DIAGNOSTICS

Mammography, MRI, Ultrasound, Self-examination, Consultation with a mammologist, Genetic counseling.

BREAST CANCER STAGES

Stage I, Stage II, Stage III, Stage IV

TREATMENT

Mastectomy, Radiation therapy, Chemotherapy, Targeted therapy.

SYMPTOMS

In the early stages without symptoms, nipple retraction, enlarged lymph nodes in the armpits, nipple discharge, lump or swelling, breast differs in shape and size from the other.

BREAST CANCER Facts & Stats

2nd most common form of cancer AND SECOND LEADING CAUSE OF CANCER DEATH AMONG US WOMEN

7 in 8 women will develop breast cancer. **7 in 2,000** men will develop breast cancer.

RISK INCREASE IN WOMEN over age 55 AND WHOSE closest family relatives HAVE DEVELOPED BREAST CANCER

7 THINGS TO KNOW ABOUT GETTING A MAMMOGRAM

1. Mammograms can find breast lumps and other changes before you can feel them. 2. Mammograms can find breast lumps and other changes before you can feel them. 3. Mammograms can find breast lumps and other changes before you can feel them. 4. Mammograms can find breast lumps and other changes before you can feel them. 5. Mammograms can find breast lumps and other changes before you can feel them. 6. Mammograms can find breast lumps and other changes before you can feel them. 7. Mammograms can find breast lumps and other changes before you can feel them.

IMAGINE A WORLD FREE FROM BREAST CANCER. HELP MAKE IT A REALITY

WAYS TO PREVENT BREAST CANCER

- Keep a healthy weight
- Be physically active
- Limit alcohol intake
- Have enough sleep
- Eat a healthy diet

**END
POLIO
NOW**

Central Butuan
Rotary
Club



TAKE ACTION
ERADICATE A DISEASE FOREVER

WORLD POLIO DAY
24 OCTOBER 2020

www.endpolio.org/world-polio-day

World Polio Day

is observed on October 24 every year to raise awareness for polio vaccination and eradication of polio. The World Polio Day was established by Rotary International over a decade ago to commemorate the birth of Jonas Salk who led the first team to develop a vaccine against poliomyelitis.



2020 theme for World Polio Day is "Stories of Progress: Past and Present." As per WHO use of the poliovirus vaccine and subsequent widespread use of the oral poliovirus, developed by Albert Sabin, led to the establishment of the Global Polio Eradication Initiative (GPEI) in 1988. As of 2013, GPEI had reduced polio worldwide by 99%.

Through the Global Polio Eradication Initiative (GPEI), CDC works with partners to eradicate polio and end the suffering from this devastating disease. Stopping polio in all forms will require us to be resilient, adapt, and innovate to deliver a polio-free world. CDC and polio partners are adapting polio eradication efforts to mitigate the obstacles presented by covid-19.

The last stronghold of poliovirus is in Afghanistan and Pakistan. Several critical challenges stand in the way of achieving eradication, including the global pandemic.

World Polio Day: What is Polio

Polio is a crippling and potentially fatal infectious disease. There is no cure, but there are safe and effective vaccines. Polio can be prevented through immunization. The Polio vaccine, given multiple times, almost always protects a child for life. The strategy to eradicate polio is, therefore based on preventing infection by immunizing every child until transmission stops, and the world is polio-free.

World Polio Day: Polio prevention & treatment

There are two types of vaccine that can prevent polio:

- 1) Inactivated poliovirus vaccine (IPV) given as an injection in the leg or arm, depending on the patient's age. Only IPV has been used in the United States since 2000.
- 2) Oral poliovirus vaccine (OPV) is still used throughout much of the world.

The Polio vaccine protects children by preparing their bodies to fight the poliovirus.

World Polio Day: What are the Causes of Polio

Polio is caused by an RNA virus, where 85% of the infections are paralytic. Poliovirus is most commonly spread in the areas where there is poor sanitation. The virus can be spread through contaminated food and water. Individuals infected with the poliovirus can spread the infection from their feces. Also, direct contact with the poliovirus-infected person can cause poliomyelitis.

Rotary Rotary Opens Opportunities
 Area 28 and 30
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RUN and DANCE
 to help
END POLIO NOW

A VIRTUAL FUN RUN AND FITNESS DANCE AWARENESS CAMPAIGN
 with Rotarians and 21M Anna Lilia, and Arcelio de Leon
 Hosted by Rotary Club of Central Butuan

END POLIO NOW **WORLD POLIO DAY** **OCTOBER 24**
 4:30 AM | 1st @ ZOOM
 Zoom Link will be disseminated thru Facebook Messenger

CAPTURED MOMENTS





CAPTURED MOMENTS

Central Butuan
Rotary
Club



ENRIQUE G. ANDRES

ROTARY CLUB OF CENTRAL BUTUAN
DISTRICT POLIO COORDINATOR
RY 2020 - 2021
RI DISTRICT 3860

**I WANT
TO END
POLIO.
JOIN ME.**



**END
POLIO
NOW**

ENRIQUE GUILLERMO ANDRES
DISTRICT POLIOPUS SUBCOMMITTEE CHAIR
ROTARY CLUB OF CENTRAL BUTUAN

End Polio Now is Rotary's top philanthropic priority. Our awareness and fundraising campaigns in the District is our contribution to the global initiative of eradicating polio. With deep gratitude, I would like to thank our early contributors to Polio Plus and those who stepped up to the Rotary International challenge for Clubs to contribute \$1,500 or more to the Polio Fund and from our District Challenge to individual Rotarians to contribute \$1,500.

Lastly, let me take this opportunity to thank Rotary Clubs that actively participated in the World Polio Day which generated awareness and raised funds for End Polio. We continue these efforts to fulfill our promise to all children to make the World Polio-Free.

And we can do it, because we are a TEAM.

TOGETHER, EVERYONE ACHIEVES MORE!

TOGETHER WE WILL END POLIO NOW AND FOREVER!





END POLIO NOW

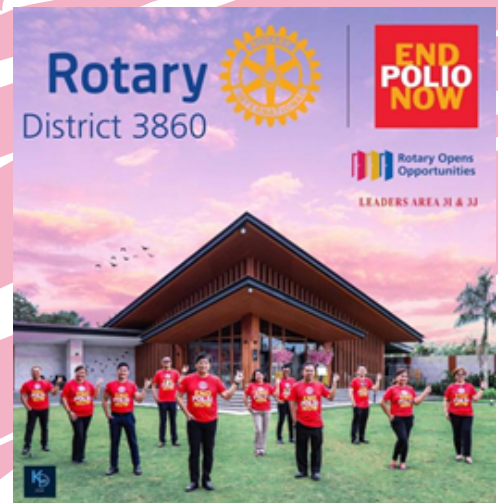
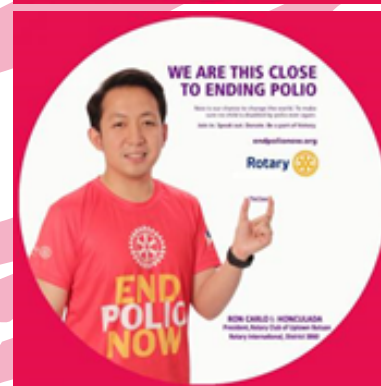
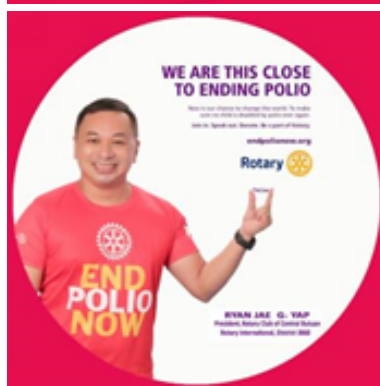
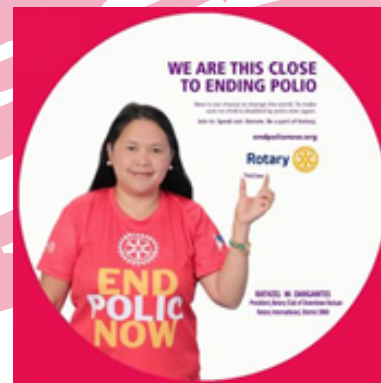
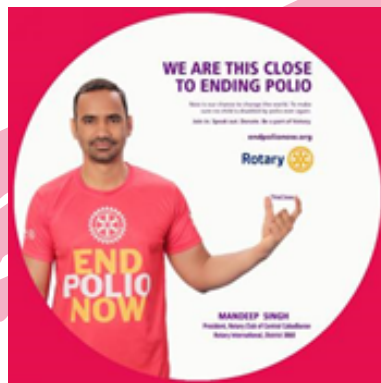
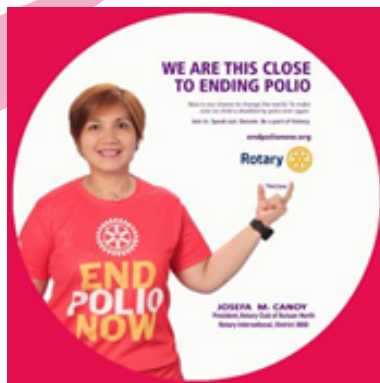
Central Butuan
Rotary
Club



**Rotary Opens
Opportunities**

Rotary

District 3860

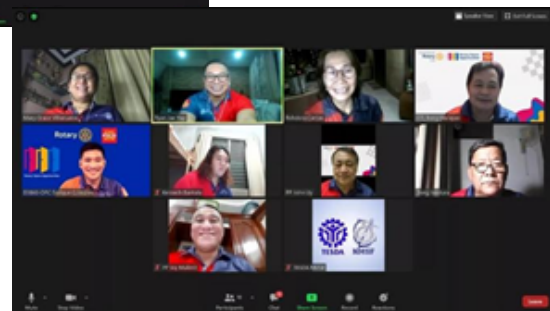


October 26 to 31, 2020 Meetings & Activities

Attendance of Club Members	Run and dance to help End Polio Now - 10/24/20	16th Virtual Meeting - 10/30/20
Pre s. Ryan Jae Yap	✓	✓
CP Eliseo D. Malayao		✓
PDDG Enrique G. Andres	✓	✓
PP John A. Uy		✓
PP. Mario Y. Chu		
PP Norberto D. Ventura		✓
PP Romel M. Natad		
PP Rino F. Te		
PP Napoleon N. Malimit	✓	✓
IPP Rohdora Canlas		✓
PE Mary Grace P. Villanueva		✓
PN Ere Ion Simeon N. Ongcoy		
PND Anthony C. Madayag Jr.	✓	
Sec. Ryan C. Pulleros	✓	
Rtn. Johny Lou G. Anino		
Rtn. Arfe L. Bermudez		
Rtn. Stephen M. Bringas		
Rtn. Alain James G. Buque		
Rtn. Pai Hsin C. Chou		
Rtn. Arturo M. Cinco	✓	
Rtn. Jovilla B. Cinco	✓	
Rtn. Richellie Mae Y. Cordova		
Rtn. Ronnie D. Daumar		
Rtn. Melchora U. Donoso		
Rtn. Anna Marie C. Fernandez		
Rtn. Jehoven M. Guilot		
Rtn. Armie Leila M. Mordeno	✓	
Rtn. Randyllie Shane B. Occida		
Rtn. Cesar T. Palma		
Rtn. Ver Joeven C. Tanginan		
Rtn Kene th Banluta	✓	✓
Rtn. Arturo Cauba	✓	
Rtn. Christian Jade Azura		
Rotarian Spouses	1	
Rotarians from other Clubs	39	
Rotaractors		
Guest		
Total	50	9

16th Virtual Meeting via zoom

Call to Order : Pres. Ryan Jae G. Yap
 Invocation : Rtn. Rtn. Ryan C. Pulleros
 National Anthem : AVP
 Rotary Hymn : AVP
 4-Way Test : IPP Rohdora J. Canlas
 The Object of Rotary : Rtn. Kenneth D. Banluta
 Acknowledgement : Rtn. Ryan C. Pulleros
 Secretary's Time : Rtn. Ryan C. Pulleros
 President's Time : Pres. Ryan Jae G. Yap
 Other Matters :
 Adjournment : Pres. Ryan Jae G. Yap









happy birthday + October Celebrants

- 2 - RTN. RYAN C. PULLEROS
- 8 - PP ROMEL M. NATAD
- 17 - RTN. ARTURO G. CAUBA JR.
- 20 - PP RINO F. TE
- 30 - RTN. JOHNNY LOU G.

COVID-19
COVID-19 AND YOUNG PEOPLE
PROTECT YOURSELF



-  Young people are also at risk for severe sickness, hospitalization, and death from COVID-19.
-  **Don't risk your life.** Stay home if you are asked to; meet up with friends online or by phone.
-  Wash your hands and follow guidance from your local authorities.

#COVID19 #THRIVE World Health Organization Western Pacific Region BE AWARE. PREPARE. ACT. www.who.int/covid19

COVID-19
COVID-19 AND YOUNG PEOPLE
PROTECT YOURSELF AND OTHERS

 Physical distancing can help protect you from COVID-19. **Stay at home** with members of your household if you're asked to. Meet up virtually with friends or other family members. Wash your hands often and well with soap and water or alcohol-based gel.
 Disinfect surfaces you touch a lot, like cell phones, computers, doorknobs, etc.
 Do not leave your house if you are sick. If you need medical care, call your healthcare provider or your local COVID-19 hotline.

#COVID19 #THRIVE World Health Organization Western Pacific Region BE AWARE. PREPARE. ACT. www.who.int/covid19


COVID-19
COVID-19 AND YOUNG PEOPLE
PROTECT YOUR MENTAL HEALTH





-  The COVID-19 situation is a stressful time for everyone, including young people. Chat with or videocall friends and family to stay connected.
-  Limit how much social media and news you consume. **Avoid rumors and misinformation** by getting news from trusted sources.
-  Exercise or meditate at home. **Reach out to a trusted adult** or professional if you need help.

#COVID19 #THRIVE World Health Organization Western Pacific Region BE AWARE. PREPARE. ACT. www.who.int/covid19

COVID-19
COVID-19 AND YOUNG PEOPLE
PROTECT YOUR FAMILY



-  Young people not only have a risk of getting extremely sick or dying of COVID-19, you can also spread the disease to people who have a high risk of dying, like grandparents, parents, and friends and family members with underlying health conditions.
-  Physical distancing can help stop COVID-19. **Stay at home** with members of your household if you're asked to. Meet up virtually with friends or other family members. **Protect yourself and your family.**

#COVID19 #THRIVE World Health Organization Western Pacific Region BE AWARE. PREPARE. ACT. www.who.int/covid19

COVID-19
COVID-19 AND YOUNG PEOPLE
PROTECT YOURSELF



-  The COVID-19 situation is a stressful time for everyone, including young people.
-  Maintaining a familiar routine – while still practicing physical distancing – can help you feel calmer and more in control.
-  If you need help, don't hesitate to reach out to a trusted adult or professional.

#COVID19 #THRIVE World Health Organization Western Pacific Region BE AWARE. PREPARE. ACT. www.who.int/covid19

Covid-19 Infographics



OCTOBER is
Economic and Community
Development Month

Nearly 1.4 billion employed people live on less than \$1.25 a day. Our members promote economic and community development and reduce poverty in underserved communities through training, well-paying jobs, and access to financial management institutions. Projects range from providing people with equipment to vocational training. Our members work to strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities.

Rotary supports investments in people to create measurable and enduring economic improvement in their lives and communities.

The Rotary Foundation enables Rotarians to invest in people by creating sustainable, measurable and long-term economic improvements in their communities and livelihoods by:

1. Building the capacity of entrepreneurs, community leaders, local organizations, and community networks to support economic development in impoverished communities;
2. Developing opportunities for productive work;
3. Reducing poverty in under-served communities; and
4. Supporting studies for career-minded professionals related to economic and community development.

There is a Rotary Action Group for Community Economic Development (ragm.org). The mission of the Rotary Action Group for Community Economic Development (RAGCED) is to be a source of knowledge and expertise that helps Rotarians plan, implement, and manage impactful and sustainable economic development projects and create lasting change in poor and underserved communities.



ROTARY CLUB OF CENTRAL BUTUAN

ROSTER OF MEMBERS

I.D. NUMBER	NAME	CLASSIFICATION
1. 6657364	Albaran, Eleanor L.,PHF	Boutique
2. 8349989	Andres, Enrique G.,PHF+8,PHS	General Merchandise
3. 10344925	Anino, Johnny Lou G.,PHF	Trading
4. 10800023	Azura, Christian Jade G.	Education/Events Management
5. 10337799	Banluta, Kenneth D.	Government Service
6. 6944945	Bermudez, Arfe L.,PHF+1	Nursing Service
7. 10666992	Bringas, Stephen M.	Construction and Supply
8. 8306099	Buque, Alain James G.,PHF	Public Service
9. 8739300	Canlas, Rohdora J.,PHF+2	Government Service
10. 9832944	Cauba, Arturo Jr. G.	Academe/Surveying Service
11. 10946302	Chou, Pai Hsin C.	Bicycle-Retailing
12. 8229829	Chu, Mario Jr. Y., Major Donor	Hotel Inn & Bars Owner
13. 10667027	Cinco, Arturo M.,PHF	Funeral/Mortuary Service
14. 10667036	Cinco, Joviilla B.,PHF	Funeral/Mortuary Service
15. 10946307	Cordova, Richellie Mae Y.	Engineering-Professional
16. 10284874	Daumar, Ronnie D., PHF	Pest Control
17. 9653594	Donoso, Melchora U.,PHF	Retail and Ticketing Service
18. 9101082	Fernandez, Anna Marie C.,PHF	Marketing
19. 9375461	Guilot, Jehoven M.,PHF	IT Industry – Programming
20. 9653598	Madayag, Anthony C. Jr.,PHF+1	Medical Supplies Distribution
21. 6017190	Malayao, Eliseo D.,PHF+1	Metal Engraving
22. 8521376	Malimit, Napoleon N., PHF	Manufacturing-Fire Extinguisher
23. 9381979	Mordeno, Armie Leila M.,PHF	Government Service
24. 6944941	Natad, Romel M., PHF+1	Government Service
25. 10668521	Occida, Randyllle Shane B.,PHF	Nursing Service
26. 9375478	Ongcoy, Erelon Simeon N.,PHF+2	General Merchandise
27. 8229837	Palma, Cesar T., PHF	Construction and Supply
28. 10344804	Pulleros, Ryan C., PHF	Construction and Supply
29. 8563088	Tanganin, Ver Joeven C.,PHF	Commercial Banking
30. 6762934	Te, Rino F., PHF+5	Printing Services & Supplies
31. 6017203	Uy, John A., PHF+3	Food Processing
32. 6762474	Ventura, Norberto D.,PHF	Bakeshoppe
33. 9653611	Villanueva, Mary Grace P.,PHF+1	Real Estate Developer
34. 9990932	Yap, Ryan Jae G, PHF+2	Auto Repair

2010 to 2020 CLUB PRESIDENTS OF ROTARY CLUB OF CENTRAL BUTUAN

Date Chartered: November 26, 2010

Club Number: 83550

District 3860 Area 3J



CP ELISEO D. MALAYAO, PHF+1
2010 - 2012



PP JOHN A. UY, PHF+3
2012 - 2013



PP MARIO Y. CHU JR., Major Donor
2013 - 2014



PP NORBERTO D. VENTURA, PHF
2014 - 2015



PP ROMEL M. NATAD, PHF+1
2015 - 2016



PDDG ENRIQUE G. ANDRES, PHF+8, PHS
2016 - 2017



PP RINO F. TE, PHF+5
2017 - 2018



PP NAPOLEON N. MALIMIT, PHF
2018 - 2019



IPP ROHDORA J. CANLAS, PHF+2
2019 - 2020



Pres. RYAN JAE G. YAP, PHF+2
2020 - 2021

